

HOW TO USE THE DRAWERS IN YOUR REFRIGERATOR TO STORE:

FRUITS AND VEGETABLES



High Humidity Drawer

Window is: **CLOSED**

Water vapor is held in
Moisture keeps greens
crisp and fresher for
longer

Good For:

- Produce that is sensitive to moisture loss
- Things that **WILT**

Examples:

Asparagus
Bananas (unripe)
Broccoli
Brussell Sprouts
Carrots
Cauliflower
Cucumber
Eggplant
Green Beans
Herbs
Leafy greens
Peppers
Summer Squash
Zucchini



Low Humidity Drawer

Window is: **OPEN**

Allows ethylene gas
to be released

Good For:

- High-ethylene gas producers
- Things that **ROT**

Examples:

Apples
Avocados
Bananas (ripe)
Blueberries
Cantaloupes
Citrus fruits
Grapes
Honeydew melons
Mangoes
Papaya
Pears
Stone fruits (ex.
peaches, plums)